## Table 15: Suboptimal ventilator management that adversely affects patients

## **Problem**

Unintended hyperventilation (acute respiratory alkalosis)

## **Clinical Setting**

"normalizing" arterial PCO<sub>2</sub> in patient with "acute-onchronic" CO<sub>2</sub> retention

too-rapid ventilator cycling in assist-control mode

#### if needed

Unstable or fluctuating ventilatory drive in patient on low SIMV rate (potential for variable patient contribution to required minute ventilation)

Back-up rate set too far below patient's triggering rate in A/C

Obstructive lung disease (COPD; asthma)

### **Prevention or Correction**

Recognize underlying metabolic alkalosis (high serum bicarbonate)

Use arterial pH, not PCO<sub>2</sub>, as guide for ventilator adjustments

Adjust triggering sensitivity to minimum level that prevents spontaneous cycling (e.g. 1-1.5 cm  $H_2O$ ); make sure inspiratory flow rate is sufficient for patient's needs; sedate patient

Increase SIMV rate to meet patient's total minute ventilation requirement

Switch to A/C mode

Increase back-up rate to 2-3 breaths/min less than patient's stable triggering rate

Avoid/correct hyperventilation (keep arterial PCO<sub>2</sub> normal rather than low)

Increase expiratory time (high inspiratory flow rate; no endinspiratory pause)

Replace standard corrugated ventilator circuit with low-compliance, low-compressible-volume tubing

# Unintended hypoventilation (acute respiratory acidosis)

Inadvertent air-trapping and auto-PEEP

Table 15, continued (2 of 3)

Excessive patient work of breathing

Low SIMV rate with smalldiameter endotracheal tube or weak/fatigued patient

T-piece trial with smalldiameter endotracheal tube

A/C mode with excessive triggering effort

Inappropriate use of neuromuscular blocking agents

Patient who previously tolerated now "fighting the ventilator"

Unintended hyperventilation (acute respiratory alkalosis)

Increase SIMV rate to provide all or most of patient's required minute ventilation

Switch to A/C mode

Add inspiratory pressure support sufficient to overcome tube resistance

Add inspiratory pressure support sufficient to overcome tube resistance at patient's required minute ventilation

Adjust trigger/assist sensitivity to 1-1.5 cm  $H_2O$ 

Disconnect patient from circuit and ventilate manually to make sure ventilator is functioning normally (volume; pressure; flow pattern)

Rapidly assess airway patency, symmetry of chest expansion, vital signs, and other monitoring data

Perform more complete patient assessment and adjust ventilator settings as clinically indicated

Recognize underlying metabolic alkalosis (high serum bicarbonate); use arterial pH, not PCO<sub>2</sub>, as guide for ventilator adjustments

Sedate patient with appropriate agent (e.g. benzodiazepine) if above does not apply and assessment of patient and ventilator reveals no acute problem

# Table 15, continued (3 of 3)

	Neuromuscular blocking agent used without concomitant sedation	Administer sufficient sedative to calm patient and produce amnesia
Technology gap in patient management	Physician ordering ventilator mode or settings fails to appreciate technical or clinical problem with therapy as ordered	Discussion between physician, nurse, and respiratory therapist before therapy is carried out, initiated by either party (especially important with new or unfamiliar ventilator modes)
	Nurse or respiratory therapist unfamiliar or uncomfortable with ventilator, mode, or settings as ordered	
Bedside communication failure	Those caring for patient at bedside (nurse, respiratory therapist) do not understand patient's problem or rationale for ordered therapy	Explanation by physician caring for patient about diagnosis, pathophysiology, and/or therapeutic rationale
	Failure on part of nurse or respiratory therapist to communicate concerns about above problems	Discussion with attending physician, initiated by concerned nurse or respiratory therapist